



Eagles Express

School District of Solon Springs

District Highlights For the Week of: September 15, 2025

The Eagles Express is intended to provide weekly recognition, updates, and information regarding events and activities in the District.

Celebrations/Recognitions

- Mrs. Guttormson - This week in Culinary we will have our first food lab!!

District Updates

- [Revised 25-26 District Calendar](#) with additional early release days

Breakfast

Monday- Waffles & Strawberries
Tuesday- Cereal, Toast
Wednesday- Breakfast Pizza
Thursday - Scrambled Eggs & Toast
Friday- Bakery Choice, Cheese Stick

Lunch

Monday - Quesadilla, Rice, Fiesta Beans
Tuesday- Ravioli in Marinara Sauce
Wednesday - Meatball, Mashed Potatoes & Gravy
Thursday - Chicken Patty on a Bun
Friday - Pizza Dippers & Marinara Sauce

Peek at the Week

- Ms. Johnson classes:
8th grade is beginning to read- Lord Of The Flies by William Golding
7th grade is beginning to read- The Outsiders by S.E. Hinton
6th grade is beginning to read- Freak The Mighty by Rodman Philbrick
- Mrs. Guttormson classes:
We are very busy in the high school finance course learning about checking and savings accounts. In Culinary classes we have started our food labs. Our first one was a learning experience for all. In our child development course we are learning about the different stages of child development. In Interior Design we are learning about different house styles. In our middle school FACS we have been learning what FACS means and all about our interests. We will be jumping into goal setting this week.

A Look Ahead to Next Week

- Mr. Wiita: Next week we will be working on collaborative projects in all of our art classes. This process builds team work skills and helps students get to know their peers in a personal way before we get the new year underway.
- Ms. Pierce: Picture day is September 17th!

Glimpse of the Future to Mark Your Calendars

- September 17, 2025 - Picture Day
- September 17, 2025 - Blood Drive
- September 20, 2025 - Mertz Rookey Golf Fundraiser
- Sept 18th 7:30-9 am FLU and/or COVID shots available. See email from Lee Ann for form to fill out and link to sign up for a time slot.
- September 24th- EA Field Experience
- Mr. Wiita: This first semester we look forward to creating collaborative art projects to be displayed around our school. Our middle school students will have the opportunity to create a public art installation for the Veterans Day Event we hold here at the school.
- September 26, 2025 - 1:00 p.m. early release